

MILLY RISTVEDT: THE BREATHING SPACE ROOM AND RELATED WORKS

Saturday, June 25, 2016 to Saturday, August 6, 2016



Milly Ristvedt: *The Breathing Space Room and related works*

June 25 to August 6, 2016

Opening: Saturday, June 25 at 5pm

Main Gallery, Modern Fuel Artist-Run Centre

Artist Talk: Tuesday, July 26 at 7pm

After more than two decades employing variants of the orthogonal grid to explore the expressive potential of colour in her painting, Milly Ristvedt's recent work disrupts this form to create a space of embodied reflection and contemplation. The verticality of her *Breathing Space* series functions as an invitation to the body of the viewer. The *Breathing Space Room*, with its light-filled, close-valued colours, consolidates this intention to provide space for contemplation, and goes further by provoking questions of a conceptual nature. The paintings that make up the *Incidents* series, which will also be on display, are relaxed in their relations to the grid, and the colour in each takes us to the earth from which most of its pigments derive.

On Tuesday, July 26 at 7pm Milly Ristvedt will lead visitors through her exhibition, discussing each series of works in the exhibition. This artist talk and exhibition tour is a great chance to learn more about her practice, and an opportunity to ask the artist about her work. This talk / tour is free to attend and all are welcome.



Born in British Columbia, **Milly Ristvedt** studied at the Vancouver School of Art (now Emily Carr). Her art practice began in Toronto where she first exhibited with the Carmen Lamanna Gallery in 1968. While based in Montreal from 1970 to 1973, Ristvedt was a founding member of Véhicule Art, the first artist-run centre in the city and had a solo exhibition at the Musée d'Art Contemporain. She has had more than fifty solo exhibitions and her work has been included in major national and international exhibitions. Ristvedt has received numerous grants from the Canada Council and the Ontario Arts Council and her paintings can be found in collections in Canada and abroad, including the Canada Council Art Bank, Art Gallery of Ontario, Montreal Museum of Fine Arts, Winnipeg Art Gallery, Vancouver Art Gallery, Boston Museum of Fine Arts, and Agnes Etherington Art Centre. She continues her studio practice in Tamworth, Ontario.